

Wing Chun, Kung Fu

Wing Chun is the most widely known and practiced style of Kung Fu in the world. It is efficient, direct, practical, aggressive, and easy to learn – factors that also make it one of the best martial systems to learn for self-defense. Rooted in science and the physics of bodily motion, Wing Chun emphasizes technique over brute force, allowing smaller or weaker practitioners to easily overcome opponents that are much larger or stronger than themselves. It is powerful close quarters style, ideal for use in confined spaces such as airplanes, buses, offices, or bars where they are many obstacles that limit mobility.



Tuesday & Thursday

7:00pm-8:00pm

Saturday

2:00pm-3:30pm

\$50.00 - Month

**\$75.00 - Month with
Mixed Martial Arts**

Location

**Kyoseikan Dojo
401 Hall St, B-148
(NW Corner of Hall & US-131)**

Contact Tom Fick for more information
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www.wmaikido.com